

Simcoe County District School Board

Presents



Pine River Institute's
Centre for Family Initiatives
Webinar Series



Tuesday, November 23, 2021

Parenting for Positive Mental Health, Part 1

Understanding your child's behaviours and development so that you can respond with intention to promote mental wellness and growth.

Tuesday, November 30, 2021

Parenting for Positive Mental Health, Part 2

Attunement, connection and setting limits. Understanding your parenting style and the challenges parents face when their children push back.

Tuesday, January 25, 2022

Understanding and Managing Screen Time

Are they addicted? Why is it so hard for kids to put down devices? What do parents need to know about the digital world and how it affects their child's development. Positive strategies to build connection with your kids through tech.

Tuesday, March 29, 2022

Connection and Empathy in Response to Behaviour

What can your child's behaviour tell you about their developmental needs? How can you respond in a way that builds your relationship and create safety for them, rather than create conflict? Exploring the needs of children through the lifespan and recognizing why it is sometimes a struggle to connect.

Thursday, May 19, 2022

Understanding Addiction and Addictive Behaviours

Looking at why kids can get stuck and how addictive behaviours may develop. Seeing the "function" behind the addiction, and how parents can support recovery without shame and guilt.

All webinars will begin at 7:00 p.m.

[Register here](#)